

ASPC Forum 2025 - Nordic perspective in High Performance Sports

Wednesday 1.10.2025 - Day 1 Schedule

Opening Ceremony

09:00 Welcome Address from the Chair of the Organizing Committee
Simo Tarvonen CEO of URHEA NOTC

09:10 Welcome Address from the Past ASPC President
Tapio Korjus, Kuortane Olympic Training Center

09:15 From Elite Athlete to Leader
Mika Poutala Minister of Youth, Sport and Physical Activity

09:35 Sports Performance Showcase
Olarin Voimistelijat

Theme 1 Leadership Makes a Difference

09:45–10:30 High Performance Under Pressure: How Athletic Discipline Shapes Great Leaders
Marianne Vikkula, COO of Wolt

10:30–10:45 Coffee Break and Showroom tour

10:45–11:30 Leadership in International High-Performance Sport Centre
Fiona De Jong, Australian Institute of Sport – European Training Centre

11:30–12:00 Safe Sport: The Foundation for Excellence – Prioritising Athlete Wellbeing
Gloria Viseras, International Olympic Committee

12:00–13:00 Lunch Restaurant Böle

Theme 2 Sustainability in High-Performance Centres

13:00–13:45 Climate Change and Elite Sports
Prof. Petteri Taalas, Finnish Meteorological Institute

13:45–14:30 Transgender Sports from the Perspective of Women's Sports
Tommy Lundberg, Karolinska Institutet

14:30–15:15 Coffee Break and Showroom Tour

15:15–16:00 Win Well – Achieving Sustainable Performances in a United System
Bill Tait, Australian Institute of Sport

16:00–16:30 IOC – Olympic Refugee Foundation
Sabine Hazboun, International Olympic Committee

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Thursday 2.10.2025 - Day 2 Schedule

Theme 3 Athlete-Centered Excellence

- 09:00–09:45 What is the life of a top athlete like in high-performance environments?
Robert Kirmes, Elite Athlete Gymnastic and Anni Kärävä, Elite Freestyle Skier
- 09:45–10:30 Athlete 365; Pavla Foley, International Olympic Committee
- 10:30–11:15 Player Development Program – Helsinki Basketball Academy,
Henrik Dettmann, Basketball Finland and Antti Koskelainen, Director HBA
- 11:15–12:00 Round Table / Networking
- 12:00–13:00 Lunch Restaurant Böle

Theme 4 High-Performance Sports and Dual Career

- 13:00–13:25 University and Elite Sport Centre cooperation – the case of Aalto University and URHEA. Learnings from enhancing cooperation in egalitarian Finland, where prioritizing athletes' services can even contradict with the National University Law
Sami Itani, Professor at Aalto University
- 13:25–13:50 A developmental evaluation model for evaluating and enhancing the friendliness of higher education institutions in Finland towards elite athletes.
Aku Nikander, Teacher at the University of Jyväskylä
- 14:00–15:00 Training That Drives Victory - Inside INSEP's High-Performance Judo Program, Alexandre Guyon Des Diguères, INSEP and Larbi Ben Boudaoud, French Judo Federation
- 15:00–15:30 Coffee Break and Showroom Tour
- 15:30–16:30 Elevating People and Performances, THE CSIO's Strategic Approach to International Podium Success
James Brough, Canadian Sports Institute Ontario

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Friday 3.10.2025 - Day 3 Schedule

Theme 5 Research and Technology in Coaching

- 09:00–09:45 Coachtech – Smarter Way to Train: Universal Tool for Analysis and Feedback
Olli Ohtonen, Development Manager at University of Jyväskylä, Vuokatti Sports Technology unit (JYU-Vuokatti)
- 09:45–10:30 Demands of World-Class Sports and the Scientific Support Behind Athlete Preparation
Glenn Björklund, Swedish Winter Sports Research Centre
- 10:30–11:00 Coffee Break and Showroom Tour
- 11:00–11:40 Road to LA 2028: How We Bridge Science and Sport in Finland
Dominique Gagnon HULA, Esa Hynynen KIHU
- 11:40–12:20 Heat and Time-Zone Adaptation Strategies: The JISS Approach Toward LA2028
Masako Hoshikawa and Risa Iwata, Japan High Performance Sport Center
- 12:20–12:50 AI in Action: Turning Next-Gen Technology into Performance
Mikko Simon and Vernon B. Williams, Sprint AI
- 13:00–13:45 Forum Summary, Next Forum and Closing Speech
ASPC, Forum 2025 Organization Committee
- 13:45 Closing Lunch at Restaurant Böle, The End of the Forum